



July 2016



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*A
Safe Place
To Talk!*

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Great News – We Are Expanding!!!

As Dr. Gant returns from his trip abroad he will be taking a full time therapy role at Empowerment professionals. His wife Christiane will enhance his outreach with her experience working with children and families.



Dr. Larry Gant is a Licensed Master's Social Worker (LMSW). Dr. Gant is trained in Cognitive Behavioral Therapy (CBT), Mind-Body Therapy Skills (MBTS), including Integrated Dual Disorders Treatment (IDDT), Motivational Interviewing, and Narrative Social Work Practice (NSWP). Dr. Gant has over 35 years' experience working with clinically challenging groups including persons living with HIV/AIDS, individuals with co-occurring mental health and substance use issues, survivors of experienced trauma, anxiety and depression issues, young, mid-life and older adults, and juvenile offenders.



Christiane Gant is a Limited Licensed Master's Social Worker (LLMSW). Mrs. Gant is trained in Cognitive Behavioral Therapy (CBT). Mrs. Gant has over 15 years' experience working with clinically challenging groups including partner and child survivors of domestic violence and other experienced trauma, survivors of human and labor trafficking, youth and family reunification, individuals ages 7 -25 years of age with either or co-occurring mental health and substance use issues, school adjustment issues with young children (seven years and older), pre-teens ("tweens"), teen-aged youth and early (young) adults through 25 years of age.

Christiane will be taking on a full time therapy outreach in September following her social work exam and full licensing in the state of Michigan. They will a new exciting dimension and

outreach in our community.

As we embark on a new outreach in Royal Oak BJ will be establishing a new practice for Empowerment Professionals in Genesee County. This new outreach will open in September. In the meantime BJ will continue to work with Dr. Gant and Christiana as a Program Director and Consultant developing new programming related to mental health, substance abuse, domestic violence, human and labor trafficking and family reunification.

Our educational outreach will continue as we offer in-service training and workshops at your location for a set fee. Providers contracting with us will have the option of certifying their workshops or we will provide certification for an additional fee. We will continue our "MCBAP Only" seminar and workshops.

We are delighted to bring this new and exciting dimension to Oakland and Genesee Counties. Please watch our website and newsletters for details and/or updates.

Special Events/Seminars/Workshops

REMINDER

June 1, 2016 We will no longer offer ASWB certified seminars/workshops. New Format Onsite In-service Trainings MCBAP Certified Substance Abuse Workshops See Website for Fall 2016

July 24, 2016

NAMI Metro Event
11th Annual Skin & Pins Golf Outing Benefiting NAMI Metro
Fox Hills Golf & Banquet Center Plymouth, Michigan

September 24, 2016

NAMI Walk 2016
13th Annual Walk
Belle Isle
Jefferson Ave.
Detroit, MI



**Mental Health
1 in 4 adults
live with a diagnosable
mental health
condition. Mental
health and substance
abuse conditions are
common and, they are
extremely treatable!**

Testimonial
I just love unsolicited reviews on my seminars like this one regarding our seminars.
Great symposium! Very timely and helpful in dealing with a constantly changing drug use environment. Mr. Ken Krygel, Drug Expert was particularly helpful as he informed us all of the newest and latest drugs being used on the street and how to detect the use of drugs in our clients. Outstanding presentation by Ken!
Ed Kainz, M.A., L.P.C., CAADC

**We Accept
Private Pay
And Insurance**

**Aetna
Blue Cross
Cigna
EAP Offerings
Magellan
McLaren
Medicare
Meridian
MHN
Military OneSource
Value Options**

Changing Minds Community Outreach.....

**July 24, 2016
11th Annual Skin & Pins
Golf Outing Benefiting**

NAMI Metro Fox Hills Golf & Banquet Center Plymouth, Michigan Play a scramble on Fox Hills Golden Fox or test your skill on the Par 3 Strategic Fox Includes a five star brunch at Fox Hills Golf and Banquet Center. This event helps to support our all volunteer, grassroots organization.

Join us for Brunch
Only \$25 per person
Adult \$10 children 3-12

See empowerment-pro.net for a flyer that will provide more detail or contact NAMI Metro at (248) 348-7197

Advocates and Support Needed NAMI Metro Consider becoming an advocate and, or, supporting mental health education. On going support for those with mental illness is available with NAMI Metro, which is an organization that makes a difference in our communities on a daily basis. Funds will help provide the many needed programs that support individuals with a biological brain disorder, whether genetic or environmental, and their families.

Donations may be sent direct to: NAMI Metro, P.O. Box 852 Northville, Michigan 48167 You may also go to: support@namimetro.org. Or, call us to learn how to advocate with NAMI, Metro.



Psychotherapy and Other Supports

Psychotherapy
Appointments Are Confidential Individual therapy helps you gain insight into the cause of your problems and seek positive alternatives. Couples counseling provides an area where two people can learn to communicate individual needs and negotiate a healthy partnership. Family counseling helps family members gain an understanding of disruptive problems. Improved communication skills

provide new ways to reach solutions that lead to greater family harmony. Therapeutic supports are available for adolescents and adults.

Oakland County Private Practice Network and Support (OCP PNS)

We are a vibrant group interested in supporting each other with group or one-on-one discussion directed to the various aspects of private practice.

As of July 1, 2015 our format changed. We will no longer hold the 1 or 2 hour networking events on a regular basis. This outreach will change from time to time to meet the needs of our members and community.

Contact BJ at: (248) 336-2133 or: practicepro@empowerment-pro.net for more details.

Watch empowerment-pro.net for new dates on events.

Private Practice Start Up - New Networking Format

Private Practice Start Up Our "How To Start Your Own Private Practice" workshop is offered twice a year and includes a free copy of our book "Solo Private Practice."

We will offer MCBAP "Related" Continuing Education credit on this seminar, but will no longer provide Social Work Clock Hours.

Watch our website for details or call BJ at (248) 336-2133.

One-on-one consultant services are available upon request.

We are not accepting anyone new for our "incubator program" " for those in early start up at this time.

Reach For The Stars!, provider #1190, will no longer offer ASWB Workshops/Seminars after June 1, 2016. Please see our website "Contact Us" page for more details.

This outreach now has a new

format. We will be offering Onsite In-Service Trainings. Organizations may provide their own Social Work Clock Hours or request this service from us. Trainings and workshops will also be certified for MCBAP Substance Abuse Workshops upon request.

A limited number of workshops will be announced. See our website for Fall 2016 offerings and new opportunities to network . We will be offering new opportunities to network soon!

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**Helping You Build A Solid
Foundation For Positive Change!**



Proud Member of The Dynamic
Royal Oak Chamber of Commerce!

Tips To Avoid Road Rage

1) Make every attempt to get out of the way of an aggressive driver; 2) Do not challenge drivers by speeding up or trying to prevent them from getting in your lane; 3) Wear your seat belt; 4) Avoid eye contact it can trigger aggression; 5) Ignore obscene gestures and never respond in kind; 6) Use your horn sparingly this often triggers anger; 7) Lock your car doors - when in town keep the windows and sunroof only partially open; 8) Report aggressive drivers to the police; 9) If an aggressive driver gets in an accident, stop at a safe distance from the scene, wait for police, and report the driving behavior; 10) If you're pursued by an angry motorist, never go home - drive to a police station or another place where you can get help.

Substance Abuse Support Heroin Addiction

Some places to turn to if you or someone you know needs help with a heroin addiction and treatment.

■ Southeast Michigan Community Alliance: (800) 686-6543 or SEM-CA.org.

■ In Oakland County, Prior Authorization and Central Evaluation: (248) 858-5200.

■ Macomb County 24-hour crisis hotline: (586) 307-9100.

■ Macomb County substance abuse helpline: (586) 541-2273.

■ Narcotics Anonymous in Michigan: call (877) 338-1188, www.michigan-na.org

Emergency Services

Common Ground Sanctuary
(248) 547-2260

Support

NAMI Metro
(248) 348-7197

Prevention

Royal Oak Community Coalition
(248) 546-7622

FOCUS ON THE INDIVIDUAL, MIND, BODY, EMOTION, AND SPIRIT.

Each Client is Unique

Each client is unique, therefore a thorough evaluation is done to determine the type of therapy and supports that will best meet their needs. If Life Coaching is requested by the client, placement will be made after the appropriate assessment has been completed and it is deemed appropriate.

Our Mission

To assist clients in utilizing their skill to the height of their potential; by helping them determine what they want, what they are willing to do to achieve it, and help them to remain focused until goal is obtained.

Therapy and Support

Individual • Family • Couples
Clinical Counseling reflects classic systems approach, use of DSM-5, supportive short term therapy, motivational interviewing, integrative health and wellness approaches with appropriate intake and referral as needed.

Career Counseling And Consultation

For tenure and promotion - college/university tenure track, junior faculty and mid-career faculty (assistant/associate professor level) is available with Dr. Larry M. Gant Ph.D., LMSW.



Detroit Metro and beyond.....

We Accept Insurance
and Private Pay!

Our Staff!

**Beverly J. Patchett, LMSW,
DCSW, CAADC, ICAADC**
Clinical & Executive Director
Consulting • Coaching

Larry M. Gant, Ph.D., LMSW
Psychotherapist
Clinical and Macro Practice
Clinical Supervision

Office Hours

**Monday to Friday 9:00 AM—7:00 PM
Tuesday to 8:00 PM**

By Appointment Only

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