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Tobi Russell has a master's degree in Clinical Psychology from Eastern Michigan University and a master's degree in Counseling from Oakland University. Ms. Russell also received her child and adolescent specialization from Oakland University. She is currently a doctoral candidate and in her 5th year of doctoral studies in the Counselor Education program at Oakland University. Ms. Russell has her certification in addictions as both a clinician and a supervisor and is board certified in trauma.

Ms. Russell was a youth counselor, team leader and therapist at Vista Maria, a residential facility for adolescent girls ages 11-17, in Dearborn Heights, Michigan for 6 1/2 years. She was a private practice therapist at Family Center for Psychological Services in Bloomfield Hills, Michigan for 1 1/2 years. Since 2004, Ms. Russell has been employed at Oakland Family Services, a non-profit outpatient mental health and substance abuse agency providing individual, family and group counseling to children, adolescents and adults. She was a therapist and program liaison at the Berkley location until August 2007. Since August 2007, she has been the clinical manager of the Rochester Hills location. Ms. Russell was also the intern institute supervisor for Oakland Family Services from April 2010 to August 2011.

Ms. Russell has taught group counseling, introduction to counseling and multicultural counseling at Oakland University for 3 years. She provides individual and group supervision services to LLPC students. She has spoken at area conferences as well as state conferences on self-injurious behavior, eating disorders, trauma and substance abuse.